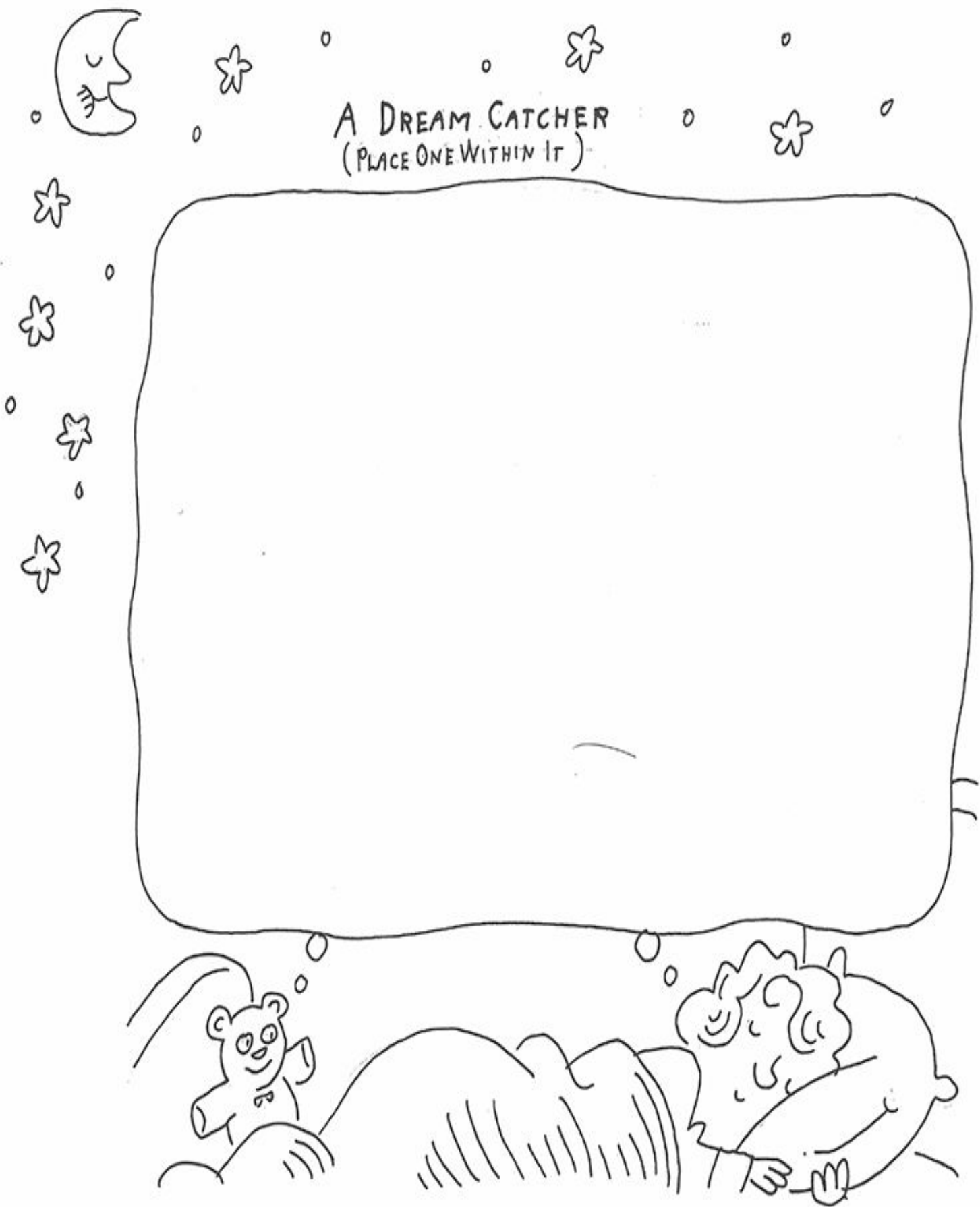


Sunday July 21st Kid's Page: 9th Sunday After Pentecost

Bible Stories: Mark 6:30-34

What we learn about God: Today's Bible reading is a lot of travel—it's Jesus and his disciples traveling back and forth across the sea. Travel and adventure while fun, can also be EXHAUSTING. Have you ever gone on a vacation and came back more tired?! I know I have! Well, Jesus invites his disciples to go find a private space to rest. Because Jesus knows how important it is that when we work hard, and we play hard, that we rest hard too! When we rest we get re-charged and have more energy, more creativity, and more love to share!

Activity: Think about times when you've needed rest. Below you can remember that Jesus calls his disciples to rest by coloring in the page and adding a dream into the thought bubble below. Remembering that rest allows us to keep laughing and playing and sharing God's love in new and creative ways!



A DREAM CATCHER
(PLACE ONE WITHIN IT)

MAGICAL MOMENTS